

How do /did you like Nara, and how is /was your stay in Japan?

● My life during I stay in Japan is very good with good and kind people. Imai-cho is a calm place for living. I love the transitional house in Imaicho and environment in Kashihara city.

/Meang Pipunnpoir /Cambodia /Researcher

● I truly enjoyed my time in Kashihara city and found it to be a beautiful, peaceful place with a deep sense of history and culture, particularly Imaicho where I stayed. The experience of living in Japan was amazing, being immersed in the culture, meeting kind and welcoming people, and exploring the local traditions. I loved the food, sushi and ramen, kushikatsu, anpan, matcha... Also the convenience stores and tsuna mayo onigiri, nato and nameko and miso soup! Also loved spending time at Aeon Mall with my Japanese friends, learning Japanese language and being able to meet people and patients. Everything made my stay unforgettable. The exchange program, combined with the beauty of Nara, has left me with lasting memories and a deep appreciation for both the healthcare system and Japanese culture. I already want to come back! /Arantxa López/Spain / Researcher

● I really enjoyed being in Nara. It's a place so full of history. I especially enjoyed staying in a more rural area like Kashihara to see how life outside of the main tourist spots is.

/Niklas Bösing/Germany/Student

● It was wonderful except that I am a vegetarian- so food for survival was a serious issue for me./Prof. Sharat Agarwal/India / Researcher

● Japan is a beautiful country. People here are very respectful and considerate of each other. very disciplined everywhere, every person i met was eager to help me out as much as possible. /Kaustubh Sanjay Bhandarkar/India / Researcher



● I liked it a lot. Japan is a very interesting country and I enjoyed getting to know the culture! /Stefanie Ismayer /Germany/Student

● I enjoyed it a lot! Nara is gorgeous, the people are amazing and there are many exciting things to discover. Also being able to live in 今井町 for a few months is very special./Moritz Krüger/ Germany/Student

●Nara is truly a remarkable place! Its rich history, serene environment, and welcoming atmosphere make it an unforgettable experience.

My stay in Japan has been equally wonderful. The kindness and hospitality of the people, the incredible food, and the seamless blend of tradition and modernity have made this journey both enriching and enjoyable. Professionally, being at Nara Medical University has been an invaluable experience, offering opportunities to learn from some of the best in the field while fostering meaningful connections with colleagues.

It has been a truly rewarding adventure that I will always cherish.

/Dr Kam Ming Long/ Malaysia/ Researcher

●Very beautiful country. Clean and felt very safe as if I was home. One of the best countries I have visited. Very very helpful people. Never felt the language barrier people went out of their way for helping.