

The Letter from Elif Öz

(stay in 11th-Sept ~ 05th-Oct 2023)

- **What is your studying area?**

I am currently at the University Medical Centre Hamburg-Eppendorf and did my internship at the Neurosurgery Department of Nara Medical University.

- *** Why did you choose our University or Hospital?**

- *** How did you find our university of Hospital?**

The university's consistently high rankings, positive reports from German fellows, and its well-positioned location in the connected Kansai region were key influencers.

Nara Medical University was included on my home university's approved internships list in Japan. In addition, the university's strong reputation was reinforced by a wealth of positive feedback from fellow German students gathered through online resources.

- *** How is your studying circumstances?**

The studying circumstances in my department were excellent. The working atmosphere was notably pleasant, characterized by a friendly and polite environment. The team was consistently helpful, always willing to explain things to me. I received a warm welcome and engaged in many interesting conversations, contributing to a valuable learning experience.





*** What is the impression of Japan, Nara Pref.?**

Nara Prefecture has a rich cultural and historical heritage, stunning natural landscapes and unique traditional crafts. In addition, the rural areas offer a tranquil setting with picturesque villages, creating a harmonious blend of urban and natural beauty in Nara.

*** Please give a message for the coming Students in future !!**

As you embark on your study trip to Japan, I encourage you to make the most of every moment of this incredible experience. Allow this trip not only to broaden your academic horizons, but also to leave you with lasting memories and a deep appreciation for Japan's historical landmarks, its modern wonders and the warmth of its people.

*** How is your private life here?**

*** have you been staying at our Guest House? Yes • No**

I had an authentic Japanese experience by staying in a traditional Japanese house with tatami mats and sleeping on futons. Immersing myself in this cultural environment allowed me to truly experience the Japanese way of life. In my free time I explored the surrounding prefectures of Nara, Kyoto, Osaka and Mie. I thoroughly enjoyed my time in Japan, capturing the essence of the country's rich traditions, beautiful landscapes and vibrant cities.